

CAA--Cedar Park
@ Milburn (Mon-Sat)
 Long Course Practice Schedule

Long Course Season 2024

July 15 - Aug 8, 2024

Updated 07/12/2024

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bronze	8:00-8:45 AM	8:00-8:45 AM	8:00-8:45 AM	8:00-8:45 AM	off	off
Silver	7:30-9:00 AM DL/SW	8:00-9:00 AM SW	7:30-9:00 AM DL/SW	8:00-9:00 AM SW	off	8:00-9:00 AM SW
Gold	7:30-9:00 AM DL/SW	7:30-9:00 AM SW	7:30-9:00 AM DL/SW	7:30-9:00 AM DL/SW	7:30-9:00 AM SW	7:30-9:00 AM SW
National Development	7:30-9:00 AM DL/SW	7:30-9:00 AM SW	7:30-9:00 AM DL/SW	7:30-9:00 AM DL/SW	7:30-9:00 AM SW	7:30-9:00 AM SW

Dryland Schedule (DL)						
Silver	7:30-8:00 AM		7:30-8:00 AM			
Gold	7:30-8:00 AM		7:30-8:00 AM	7:30-8:00 AM		
National Development	7:30-8:00 AM		7:30-8:00 AM	7:30-8:00 AM		